

Funny Methods
To guess
The Gender
Of The Fetus
During Pregnancy
naturally!

**Old Wives Tales** 

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- This Lecture explains my personal opinion
- In spite that this lecture contains medical evident informations
- If you accept this lecture ,
   take it as a sciense
- If you do not accept it,
   take it as a fun

- It is interesting to learn about these gender prediction tests, and fun to try some of the old ways of predicting the sex of an unborn baby.
- Sometimes, however, it can become frustrating listening to the contradicting predictions of family and friends.
- Pregnancy is a joy to all, a celebration of life, in which everyone seems to want to be a part of.
- Just relax and know that as soon as they place that baby into your arms for the first time, you will love it beyond all reason whether it is a boy or a girl.

# 1. Shape

- When the face gets narrower and longer you are said to be carrying a boy;
- when the shape takes on a fuller and rounder form you are said to be carrying a girl.

### 2. Skin

 Acne are more prevalent when the mother to be is carrying a girl;

if the skin stays clear and free from spots then

she is carrying a boy.



### 3. Hair # 1

- The hair of an expectant mother that is carrying a girl will often seen to be duller and thinner than before she became pregnant;
- when the hair becomes more glossy and full of body then she is carrying a boy.
- It should also be a girl if reddish highlights are found in the hair during pregnancy.



### 4. Hair # 2

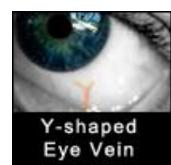
- Pull a pregnant woman's hairs up from the back of her neck.
- If you find new hair growth that forms in "V" shape, she is carrying a boy.
- If new hairs are growing straight across the neck, she is having a baby girl.

### 5. Nose

- When pregnant, the expectant mother can also expect to notice changes in the size and shape of her nose when she is carrying a boy.
- These changes where the nostrils will get bigger and wider are only temporary and the nose will return to its former shape once her infant son is born

### 6. Eye Vein

- By studying the white part of the eye under the iris you can also predict the sex of your unborn child.
- If there is the presence of a vein, either "v", "y", or "U" shaped under the left eye then you are said to be carrying a girl;
- when this vein is present under the right eye it is said that you are carrying a boy.
- When there are veins present in both eyes then the sex of the unborn child is female;
- no veins at all mean that you are carrying a boy.



### 7. Overall Beauty

- For the pregnant women, if you feel yourself or your friends tell you that you look prettier than before, you are probably carrying a son.
- If unfortunately your beauty disappears when you are pregnant, you are more likely having a daughter.

#### 8. Breast Size # 1

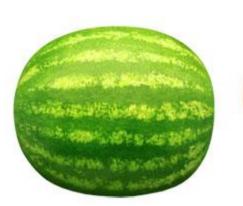
 The breasts of women who are carrying girls will grow faster and gain bigger size than those of women who are carrying boys.

#### 9. Breast Size # 2

- If the right breast is larger than the left one, then it is a boy.
- If the left bust is bigger, it is a girl.

# 10. Belly Shape

- The sex of the unborn child can also be predicted by studying the shape of the belly.
- When the belly expands to the sides and towards the hips like a watermelon, you are said to be carrying a girl;
- when the belly is basketball shaped and is all out the front then you will give birth to a son





# 11. Belly Softness

- If the belly of the pregnant female remains soft then she is carrying a girl;
- when the belly is tense and hard she will give birth to a son.



# 12. Position of Carrying

- The sex of an unborn child can be determined by looking at how his/her mother is carrying him/her in the womb.
- When the baby is positioned high up the mother-to-be is carrying a girl;
- when the mother-to-be is carrying low she will give birth to a son.

# **13.** Legs

- If an expectant mother is suffering from swelling in the legs at the earlier stages of pregnancy then it is said that she is carrying a girl;
- if her legs don't swell at all or swelling only occurs in later stage of pregnancy then she will give birth to a baby boy.

### 14. Leg Hair

 If you notice acceleration in the growth of hair on your legs then it is said that you are carrying a boy.



### 15. Hands

- The sex of the unborn child can also be predicted by looking at the hands of the expectant mother.
- When she skin stays soft and supple she is carrying a girl;
- when the skin becomes hard and cracked she is carrying a boy.

### **16.** Nail

Nails grow faster and stronger, it is a boy.

### 17. Belly button

- If the navel starts to protrude when you are pregnant then your unborn child is male;
- if your belly button stays the same then you are carrying a girl.

### 18. Stretch Marks

- Stretch marks come with the territory of being pregnant, most especially in the tummy.
   However, you can determine the sex of your unborn child by looking carefully at these marks;
- more marks on the left hand side of the tummy mean that you are carrying a boy;
- if there are more stretch marks on the right hand side then you are carrying a girl.

### 19. Linea Nigra

- The dark line that runs up from the pubic bone to the navel during pregnancy is called linea nigra. When this line goes far past the navel and reaches the rib cage, the baby is a boy;
- when the line stops at the belly button, it is a baby girl.
- OR
- If there is another line above the navel, and the two lines meet at the navel, it is a boy.
- If the two lines do not meet, it is a girl.

# 20. Entire Body

- If from behind the expectant mother doesn't seem to be pregnant then it's a boy,
- but if she looks pregnant from all sides, then it's a baby girl.

# 21. Vaginal Discharge

- If you are seeing the passing of whitish liquid (in small quantities) during your pregnancy from vagina, you would have a baby boy.
- If you are passing through small dots of blood occasionally during your pregnancy, it is believed to be a baby girl.

### 22. Heartburn

- According to old wives' tales, heartburn means the baby will come out with a head full of hair.
- The fact is that most women experienced severe heartburn during pregnancy got a boy.

### 23. Headache

- It is more likely that women who are carrying boys get frequent headaches,
- while those who are carrying girls do not or only occasionally get headaches.

### 24. Cold Feet

- Cold feet in this context mean having icy cold feet rather than being scared of the birth of a baby.
- Myth has it that if pregnant women have cold feet during your pregnancy then they are more likely to be expecting a boy.

### 25. Sex Drive

- Once the pregnancy has been confirmed, a woman who loses some of her sex drive is said to be carrying a girl;
- when her sex drive becomes stronger she is said to be carrying a boy.

### **26.** Cravings # **1**

- Not all but most pregnant woman will experience cravings during her pregnancy.
- When she craves salty or spicy or sour foods then she is said to be carrying a boy;
- when she craves sweets she is said to be carrying a girl.



### 27. Cravings # 2

- Woman loves red meat if she is carrying a boy.
- She loves to eat fruit or drink fruit juice if she is carrying a girl.

# 28. Appetite

- When a mother to be is continually hungry during her pregnancy it is said that she will give birth to a baby boy;
- when her appetite stays the same or decreases she will give birth to a daughter.

# 29. Vitality

- If you become lazy when pregnant and suffer from lower than normal levels of energy it is said that you are carrying a girl;
- when you stay active during your pregnancy then it is said that you are carrying a boy.



# 30. Morning Sickness

- The majority of pregnant woman will report morning sickness at some stage during their pregnancy, but the severity of the sickness can help predict the sex of the unborn child.
- Mothers who are carrying a daughter are more likely to suffer from severe nausea,
- this sickness being far less severe when the mother will have a son.
- Swedish researchers discovered that 56% of women hospitalized with severe morning sickness ended up giving birth to baby girls.

# 31. Quickening

It is a son if the fetus moves early

### 32. Fetal Movement

 Movement is stronger for male than for female fetus, when they are at the same developmental phrase.



### 33. Call from behind

- For this method to work, the pregnant woman has to be walking in a southerly direction when someone calls out her name from behind.
- If the woman turns back to see who is calling her from the left then she is said to be carrying a boy;
- if she turns from the right then she is carrying a girl.
- Well, don't shout too loud to the mother-to-be or you will scare her and her baby!

### 34. Pulse

- When the left wrist pulse feels more slippery and rapid, it should be a boy.
- If the right wrist pulse feel more slippery and rapid. It is a girl.
- This method is far more accurate when you visit a TCM practitioner, and it should be noted that it is only a valid method when the first trimester of pregnancy has passed.



#### 35. Green excrement

- For this method to work a pregnant woman needs to hold an infant of another woman who has not yet reached the teething stage.
- When she is holding a baby that is the same gender as her own unborn child then the excrement of the baby will remain the same;
- when she is carrying a baby of the opposite gender to that in her womb the next time the infant passes a motion the excrement will be green.

# 36. Color of the nipples/areolae

- During any pregnancy the nipples and areolae of the expectant mother will change in form, shape, and color.
- If during pregnancy, the color of nipple and areola shows on left breast is darker than that at the right side, she is carrying a boy.
- If the color at the right side is darker, it is a girl.

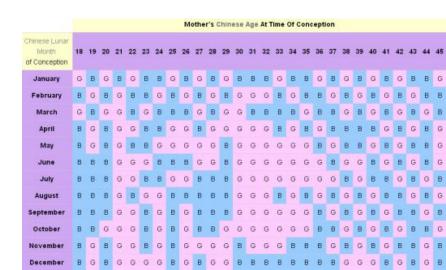
### 37. The Children's Palace

- by observing the areas known as the children's palace, which are located below the eyes.
- If the children's palace of the mother-to-be seems white or yellow then she is carrying a boy;
- when these areas are showing a greenish color then she is carrying a girl.



### 38. Chinese Gender Chart

- This is probably the most common gender predictor nowadays.
- The Chinese Gender Chart claims to have an accuracy rate of over 90%. It is based on the mother's Chinese age at the time of conception and the lunar month that she conceived in.



### 39. The 49 method

- For this one needs to know both the Chinese lunar month in which the mother-to-be conceived and the Chinese lunar age at the time she got pregnant (find both of them at the lunar age calculator) in order to determine the sex of the unborn baby. Here is the formula
- 49 + (Chinese lunar month in which the mother conceived) – (the Chinese lunar age at the time the mother got pregnant) + 19
- If the result is an odd number, the baby is a boy.
- An even number means a baby girl.

### 40. The Bagua (eight trigrams) method

- In Taoism, Bagua is the representation of naturally occurring processes. With the (lunar) age of the father, the (lunar) month in which the mother conceived, and the (lunar) age of the mother, a trigram can be formed. Since each trigram stands for either a yin or yang, the gender of baby can be determined.
- To predict the baby gender, find out whether the following values are odd or even, and then check the table below
- the lunar age of the father at the time the mother conceived (Heaven)
- the lunar month in which the mother conceived (Humanity)
- the lunar age of the father at the time the mother conceived (Earth)

Baby Gender	Boy	Girl	Girl	Boy	Girl	Boy	Boy	Girl
Trigram	=	=	=	≡	=	=	≡	≡
Mom's lunar age (Earth)	odd	odd	odd	odd	even	even	even	even
Lunar month of Conception (Humanity)	odd	odd	even	even	odd	odd	even	even
Dad's lunar age (Heaven)	odd	even	odd	even	odd	even	odd	even



### 41. Fists

- This method involves the mother-to-be clenching her firsts and checking the formation of the skin between the palm of her hand and her little finger.
- When the skin is pointed then the woman is carrying a boy;
- when the skin is rounded it means she is carrying a girl.
- This method has various levels of success but only limited to the first time the woman is pregnant.

#### 42. Alcohol Test

- A test that uses the first pee in the morning to mix with medical alcohol (isopropyl alcohol).
- If the alcohol does not change color you are carrying a girl;
- if it turns red then you will have a boy.

## 43. Baking Soda Test

- This test involves peeing on a little baking soda in a plastic cup.
- If the mix fizzles then you are said to be carrying a boy;
- a mix that does not fizzle is said to indicate that you are carrying a girl.

## 44. Ancient Egyptian Test

- In Ancient Egypt, the sex of an unborn child was predicted using wheat and barley. The mother-to-be would urinate over seeds of both barley and wheat.
- If the barley sprouted then the woman was carrying a boy and
- if the wheat sprouted she was carrying a girl.

#### 45. Drano Test

- For this test you will need a glass and two tablespoon of **blue crystal Drano**. You should then add your urine to the glass and watch the color of the mix.
- If the mix turns dark brown almost straight away then you are carrying a boy.
- If there is no color change or darkening after 15 seconds then you are expecting a girl.
- The drano test combines a tablespoon of Drano and urine together. If the mixture turns green, it's a girl. If it turns blue, it's a boy.

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### 46. Cabbage Test

- For this test you will need a red cabbage. The size of the cabbage is not important as you will chop it into pieces and place them in a pan of boiling water. Allow the cabbage (it will be purple in color) to boil for ten minutes and then take the pan off the heat. Once the cabbage has finished boiling you need to urinate in a clean cup. Then combine an equal amount of your pee with an equal amount of the water from the cabbage.
- If the mix of urine and water turns purple you are carrying a girl;
- if it turns red then you will give birth to a boy.



#### 47. Urine Color

- You can predict the sex of your unborn child by looking at the color of your urine.
- Bright colored urine is supposed to indicate you will have a boy and
- dull colored urine a girl.

# 48. Mayan Method

- In ancient times, the Maya used math to calculate various activities in their daily lives Amongst these calculations they developed one specifically for predicting the gender of an unborn child. To calculate this they took into consideration the age of the mother and the year of conception.
- When both number were even or odd then the unborn child was female;
- when one number was odd and the other even the child would be a boy.
- E.g.
  32 years old woman, who was conceived in 2006 = girl
  29 years old woman, who was conceived in 2006 = boy



### 49. Brazilian Method

- The Brazilian version varies from that of the Mayan method in that they use the month of conception as opposed to the year as well as the age of the mother to be when she conceives. Once again however, when one number is odd and the other even the mother is expecting a boy; when both are odd or even the child will be a girl.
- E.g.
  28 years old woman, who was conceived on July = boy
  27 years old woman, who was conceived on May = girl

### 50. The Remainder Method

- This approach is provided by a Japanese senior midwife, the accuracy
  of this method is said to be as high as 98%. Sum up the Chinese lunar
  month in which the mother conceived, the mother's Chinese lunar
  age at the time she conceived, and the father's Chinese lunar age at
  the time his wife conceived, and then divide it by 3.
- If there is no remainder or if the remainder is 2, then she is carrying a girl.
- If the remainder is 1, she is carrying a boy
- E.g.

Mother's birth date: 12/5/72 Father's birth date: 3/30/66

Mother conceived date: 12/10/14

\_\_\_\_\_\_\_

Use the lunar month and age calculator, you will get

Mother's lunar age: 43

Father's lunar age: 49

Lunar month of conception: 9

- (43+49+9)/3 = 33, with a remainder 2
- It is a girl

## 51. Blood Renewal Theory

- This gender predictor is said to be a Russian folklore. According to the theory, the male has his blood renewal every four years, and the female every three years. Baby gender is determined by the newest blood at the moment when the mother is conceived. So to do this test, you will need 1) the father's birthday, 2) the mother's birthday, and 3) the possible conception day.
- Here is how you do it. Keep adding 4 yr to the father's birth year, until the year closest (without over) to the year of conception. Do the same thing to the mother's birthday except only adding 3 yr to the mother's birth year. The one which is closer to the date of conception means the blood is "newer" and the unborn baby will have the same sex as that person.
- Example

Father's birthday: May 6, 1986

Mother's birthday: June 12, 1988

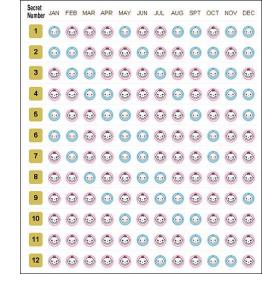
Date of conception: December 18, 2014

# 52. Japanese Gender Chart

- To know the gender of the baby, you will need to know the father's month of birth, the mother's month of birth and the month of conception.
- Step 1 ~ At table 1 below, find out the number where the father's month of birth meets the mother's month of birth. It is the secret number.

- Step 2 ~ At table 2, find out the baby gender by crossing the month of conception with the secret number.
- E.g.
- Father's month of birth : July Mother's month of birth : September Month of conception : April

At table 1, you get the secret number 1 by crossing the father's month of birth (July) with the mother's of birth (September). Then at table 2, cross the secret number 1 with the month of conception (April), and you will get the predicted gender which is a girl.



### 53. Ring Test

- To perform this test you will need a ring and a piece of string, a hair, or a string of dental floss. Simple dangle the ring over your belly and wait until it starts to move.
- If the ring moves from side to side you will be having a boy;
- a ring that swings in a circular motion indicates that you are carrying a girl.

#### 54. Pencil Test

 This test not only shows a pregnant woman the sex of the baby that she is carrying, but also shows her how many babies she will have and what gender they are. In fact, all women can perform this test even they are not yet pregnant.

#### 55. Birthstone Test

- For this test you need a birthstone pendant. If you don't have one, then you can take a birthstone and tie it to a string. Now tell a friend to hold it over you.
- Get a friend to ask you several questions for which he/she does not know the answers, like "have you eaten chicken today, or did you read a book last night?" Do not reveal the answers to your friend, but notice what kind of movement do the pendant show in response your answers. In other words, if the answer if "yes", notice whether the pendant moves in back-and-forth motion or in a circular motion.
- Now tell that person to hold the pendant over your belly and ask: "Is the baby that [YOUR NAME] is carrying a girl?" If you see the pendant swings in the same way as with your "yes" answer, then it is a girl. Otherwise, it is a boy.

























# 56. Sleep Position:

- If the mom-to-be always sleep on her left side, it is a son.
- If she prefers to sleep on her right side, it is a daughter.



### 57. Get Up

- Wake up a pregnant woman, and ask her to sit on the bed.
- If she gets up by pushing herself with both hands behind her, she is probably having a daughter.
- If she uses one of her arms at her side to get up, tha baby is a son.

### 58. Mug Test

- Ask the expectant mother to pick up a cup or mug.
- If she uses the handle to pick up the mug then she will have a boy;
- if she grasps the body of the mug then she will have a girl.



### 59. Palms Up or Down

- Get someone to ask a pregnant woman to show her hands.
- If she shows her hands with the palms down, it is going to be a boy.
- If her palms up, it is a girl.

### 60. Key Test

- For this test to work, the pregnant woman needs to be unaware that the test is being carried out. Simply hand a key to the mother to be and watch how she grabs it.
- If she grabs the round part first then she is carrying a boy;
- when she grabs the narrow part first she will give birth to a girl.



#### 61. Name

 When parents are choosing a name for their unborn child, if between them they can only decide on a name of the same sex, then this is the sex of the child to be born.





#### 62. Mother Knows Best

- Predict gender solely from mother's gut feeling.
- A study was carried out by Dr Victor Shamas and Amanda Dawson at the Arizona Birth and Women's health center in Tuscon where 100 mothers to be were asked to predict the sex of their unborn child. Of those that claimed that they had an intuition about the sex of the child, an astounding 70% were indeed correct.

#### 63. Dreams

- Dreams have often been significant indicators of fetal sex.
- In many European countries, dreams of a knife or an ax indicate a son.
- Dreams of a fountain or a spring indicate a daughter.
- In India, dreams oflotus blossoms, mango trees ormen's food are believed to predict a boy.



# 64. Father's Weight

- If the father-to-be gains weight while his wife is pregnant, it's a girl.
- If he doesn't gain weight, it's a boy.

# 65. Baby's heart rate

- Predicting the sex of your unborn child by using the heart rate is a popular old wives tale.
- If the heart rate is less than 140 BPM then you are carrying a boy;
- a heart rate that is faster than 140 beats per minutes indicates that you will give birth to a baby girl.



# 66. Baby's heart sound

- If the heart beat sounded like a train, it is a boy.
- If it sounded a horse galloping, it will be a girl.

## 67. What the sibling says

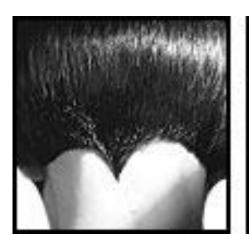
- If a young kid keeps telling the mom-to-be the sex of his/her unborn sibling,
- he/she is probably right.

### 68. Mama or Dada

- This tale only applies to the second and following children. If your first child's first word was dadda (dada), you'll have a boy.
- If the first word was momma (mama), you will have a girl.
- Same method applies for all the immediate younger sibling.

#### 69. Hairline at the Back of Neck

- In India, mothers look at the hairline of their children to predict the sex of their next child.
- When the hairline of their first child is straight, the unborn child she is carrying will be of the same sex;
- if the hairline is pointed (or V-shape) then her next child will be of the opposite sex.





#### 70. Hair Whorl

- To predict the gender of your baby you can also study the hairline of your previous child. The hair whorl will go in a clockwise or anticlockwise direction;
- if your child has an anticlockwise hair whorl you next child will be a girl,
- if the whorl is clockwise then you are expecting a boy.

# 71. Baby Bald Spot (Patch)

- This one was told by a Korean old lady.
- If there is a rounded bald spot founded on the back of your baby, your next child will be a girl.
- If it is a long spot across the back, your next child will be a boy.





#### 72. Toddler

- If a toddler shows interest in your belly or likes to hang out with you when you are pregnant, you are having the opposite gender of the toddler.
- In other words, if the toddler is a boy, you are having a girl, and vice versa



## 73. Inverted Nipples

- If the nipples of your baby are inverted (invaginated) at birth, your next child will be the opposite sex,
- if the nipples are not inverted, your next child will be the same sex.

#### 74. Wrinkles

 If wrinkles are found on the upper part of a newborn child, the next child will be the opposite sex.

#### 75. New Moon

- In Touraine, France, to see a new moon within six days after a baby was born foretold that the next child would be of the same sex;
- if after more than six days, of the opposite sex.



#### 76. Moon Phase

- This philosophy suggests that during a full moon the eggs are attracted to male sperm and during a new moon to female sperm. Therefore
- if your ovulation falls at the time of a new moon (from the start of a new moon up until one day before full moon) then you will carry a girl.
- If you ovulate during a full moon and the days up to the next new moon then you will carry a boy.
- In order for this test to work you need to calculate the day that you will ovulate in your menstrual cycle as well as study the patterns of the moon. The test is supposed to be accurate, other than when you ovulate on the day before either a new moon or a full moon, where it is said to be a 50-50 chance which sperm will be attracted to the egg.



#### 77. Salt Test

- If you wish to know whether a pregnant woman is carrying a girl or a boy, then sprinkle some salt over her head while she is sleeping, so gently that she is unaware of it. Take notice of the name she calls first once she wakes up.
- If she calls a man's name then she will give birth to a boy, but
- if she call's a girl's name then she will give birth to a girl.

## 78. Left Foot or Right Foot

- When a pregnant lady walks with her right foot first, she is carrying a boy for sure.
- If she walks with her left foot first, it is a baby girl.

# 79. Counting fetal kicks

- Not just the numbers, but where you feel the kicks is also indicative about the gender of your child.
- It is believed that if you feel the kicks higher up in your ribs, it is a girl.
- While kicks felt lower in the abdomen indicate that it's a boy

# 80. your body hair or nails grow

 If your body hair or nails grow faster during your pregnancy, you're having a baby boy. If hair and nails grow slower, you're carrying a girl.

While pregnant women carry an abundance of beta-HCG (pregnancy hormone), hair and nail growth are not clear indicators of a baby's gender. "Your age will affect your hair texture more than your pregnancy," Leggett says. Hormone levels between boy and girl babies are not sufficient to make any noticeable changes to the mother's body

# 81. Bloodshot eyes and nosebleeds

 Bloodshot eyes and nosebleeds are said to also predict a girl.

### 82. Time of Conception

 The person that is most aggressive in bed at the time of conception is the opposite of what the baby will be.

# 83. skull theory

- if you notice that your baby has a sloping forehead and a squared lower jaw you're more likely to be carrying a boy.
- If your baby's lower jaw is rounded and the top of the head is tapered, you're more likely to be carrying a girl



#### 84. Milk on Glass

- let a drop or two of her milk be expressed on a smooth glass or a bright knife, or else on the nail of one of her fingers.
- If the milk flows and spreads widely upon it, by and by then is it a woman child:
- but if the drop continues to stand still upon that which it is milked on, then is it sign of a man child.

### 85. Wooden Spoon Test

- For this test, ask a pregnant woman to throw a wooden spoon on the floor.
- If it lands hollow side down then she is carrying a boy;
- when it lands arch side down then it is a girl.



### 86. Penny Test

- For this test you will need to lick your thumb and wipe it on a penny coin.
- Once the penny is wet you should hold it against a wall with the split side looking at the wall. Press the penny on to the wall for 30 seconds and then let go;
- if the penny sticks to the wall you are carrying a girl,
- of it falls down then you will have a boy.

#### 87. Chicken under the Bed

- Put two chickens, a hen and a rooster, under the bed of the pregnant woman (and her husband).
- The sex of the baby will be the same as whichever chicken comes out first.



#### 88. Pin or Needle

- This is a Persian folklore. A pregnant woman who happens to find a pin in the street will have a male child,
- but finding a needle presages a female child.



## 89. Spider Web

- In Hungary, a pregnant woman might make a hole with her finger in a spider web;
- if the spider repairs the damage of the web, expect a male child.

#### 90. Garlic Test

- If a pregnant woman eats a clove of garlic and
- the smell does not come out of her pores, it's a girl.
- If the smell seeps out of her pores, it's a boy.



#### 91. Louse test

- This is a Moroccan folklore. Dropping a louse on a pregnant woman's exposed abdomen.
- If the insect lands on its legs, the unborn baby is believed to be a male

#### 92. Toilet Test

- In Japan, when the dad-to-be calls the momto-be while she is on the toilet,
- if she turns suddenly to the right, the baby is a son.
- To the left, a daughter.

## 93. Spoon and Fork Test

- In order to carry out this method for predicting the sex of the unborn child you require a fork, a spoon, and two chairs. The fork should be placed on one chair and the spoon on the other, the objects being covered with a serviette. The mother-to-be is not allowed to see the process, and once both objects are covered she is asked to choose a chair to sit on;
- when she sits on the spoon she will give birth to a girl, and
- when she chooses fork it will be a boy.

### 94. Pupil Dilation:

- This is a German folktale. Look at the mirror for at least one minute, and if the pupils dilate, it is aboy.
- Otherwise, it is a girl.



# 95. Turkey Wishbone

- Let the mother-to-be and father-to-be hold each side of a turkey wishbone, and then break it.
- If the father-to-be gets the bigger end, the baby is a boy.
- If the mother-to-be gets the bigger end, the baby is a girl.



## 96. Sprinkle Salt

- A test from Romania. Let the father-to-be sprinkle some salt in the mother-to-be's hair silently, and watch where she scratches first.
- If she itches her lips, she is having a girl,
- her nose, a boy.

#### 97. Cat Test

- Ask the pregnant woman to stay in a room with another lady, and have them sit on chairs in opposite sides of the room. Then let a cat enter the room.
- If the cat takes a glance at the pregnant woman first (preferably jumping in her lap), she is going to get a boy.
- If the cat ignores the pregnant woman and goes for the other lady, a baby girl is predicted.

#### 98. Bread Test

- Serve a pregnant lady a loaf of bread,
- if she prefers the heel, it is going to be a son,
- if she refuse to eat the heel, it is a daughter.
   This test is said to originate from Italy.



#### 99. Owl or Raven

- In Albania, the cry of an owl presages the birth of a daughter,
- while the croaking of a raven is a sign of a son.



# 100. Baby Dancing

- In Vienna, the City of Music,
- if the fetus dances with music, it is a girl.
- If the fetus remains quiet, it is a boy.



#### 101. Facial Tissue

- Lay a facial tissue flat on a table. Then ask the mom-to-be to grab the tissue right in front of a few people.
- If she grabs the edge of the tissue, she is having a girl.
- If she grabs the corner of the tissue, she is having a baby boy.

## 102. Mood swings

- women who felt sick and felt disgusted about anything and everything during the first two trimesters of their pregnancy were more likely to give birth to male babies as compared to
- women who felt balanced during the initial days of their pregnancy.
- Probably this explains why men lack patience over everything!

#### 103. Food aversions

- The Polish study also mentioned that women who developed food aversions or felt nauseated after meals were more likely to give birth to boys.
- The reason being the mother's body feels a need to protect the growing male embryo which is more vulnerable than the female embryo, according to the study.

#### 104. Moodiness and a Little Pecker

- If you are really moody, you are having a girl since you have another extra girl hormones in you.
- Your pregnancy will make you smile and be more happy if you are having a boy because there's a little penis inside you.

# 105.Clumsy vs. Graceful

- If the pregnant woman is graceful throughout her pregnancy, she's having a girl.
- If she becomes clumsy, she's having a boy.

### **106.Legs**

 If your legs get really big, you're having a boy. If your legs stay in shape and lean, it's a girl

# 107. Hands are Dry

• If your hands are constantly dry, it's a boy.

#### 108. North or South?

- When you sleep, is your pillow north or south?
- If it's north, then expect a boy, or
- south means a girl is on the way.

# 109. Ultrasounds Are Always Right

 This one is definitely false. We have heard many stories where a woman has received an ultrasound, and sometimes more than one ultrasound where the doctor claims that she is having either a boy or a girl. The mother buys everything she needs for her little son or daughter, and when the day of delivery comes she is surprised with a baby of the opposite sex. Most of the time the ultrasound technician gets it right, but that is not always the case.

- The simple truth is that every home method
   of predicting the sex of an unborn baby has a
   fifty percent chance to be right, and a fifty
   percent chance to be wrong.
- It will be either a boy or a girl.

 If you want to know which for certain, medical tests or sonograms are really the only reliable way to find out, although keep in mind that even sonograms or ultrasounds are only about 95% accurate.